

**Member of the Month-Karen Davis, RDH, MSDH**

1. When did you graduate and from which dental hygiene program?
  - a. I graduated with my BSDH in 2001 and my MSDH in 2019- both from UMKC
  
2. What have you learned about yourself over the last 2 years in respect to your profession?
  - a. I love the comradery we have with each other. I think COVID taught us that we need each other, and we're stronger together.
  
3. Describe your most rewarding experience as a practicing hygienist?
  - a. I've done outreach all over the world, but it's really the little things, like when your patient really appreciates what you've taught them and it changes their life.
  
4. Who is/are your hero(s) and why?
  - a. My mom
  - b. Her positive outlook amazes me. She has had to overcome so many things in her life, and yet, she never lets things get her down for long. ---And she has the most amazing, infectious laugh!
  
5. What is your most referred to dental hygiene source when you needed answers?
  - a. My master's program was very research focused, so I use PUBMED or CINAHL to find science backed answers.
  
6. What are your hobbies or interests?
  - a. I love hiking and nature- it rejuvenates me.
  
7. What are your pet peeves?
  - a. Mean, gossipy people.
  
8. What encouragement would you give other practicing hygienists?
  - a. Don't stay "stuck" in a bad work environment too long, it's too draining physically and mentally.  
Instead, reach out to other hygienists for support.  
If you know you've given it your all and nothing changes, move on!  
Especially since COVID, there are too many employment options to stay "stuck" in a bad environment:).