MDHA PRESENTS:

Come Join us for the 2015 MDHA Annual Session

On behalf of the Missouri Dental Hygienists’ Association (MDHA), we would like to invite you to attend the 2015 Annual Session “Transform Your Future.” This year’s event will be held again in the Camden on the Lake Hotel Resort and Spa at the Lake of the Ozarks, Friday, October 16th and Saturday, October 17th, 2015.

MDHA strives to offer interesting and current continuing education courses. Our speakers will present up-to-date information for the dental hygienist, educator, and student courses that will engage all attendees. Attending the full continuing education and Annual Session programs can earn you up to 15 CEU’s in just 2 days! Stop in and visit with the exhibitors throughout the weekend, they are a wealth of knowledge about new and current products to show you how to transform your future! As a bonus, you will receive 2 CEU’s by attending the exhibit hall! Just by attending this year’s annual session you are entered into the drawing for free attendance to the 2015 annual session!

Students: Take notes at this conference on how to go far in your future by learning different procedures and products! Come prepared to test your dental hygiene knowledge at the famous SALIVA BOWL! Also there will be a special student time to attend the exhibit hall!!

The outstanding generosity of our sponsors and exhibitors has contributed to the quality of the MDHA annual session and continuing education programs. Their contributions along with all the attendees make our 2015 annual session possible!

Make plans to join your friends and colleagues; to reconnect with instructors and mentors; and for education, events and excitement! The MDHA Annual Session planning committee has the confidence there will be something for everyone at this year’s annual session.

Check out what the lake has to offer YOU at www.FUNLAKE.com!

Don’t wait. Go online and register now and save!

THE LOCATION!
Camden on the Lake Resort & Spa
2359 Bittersweet Road
Lake Ozarks, MO 65049

2015 ANNUAL SESSION
OCTOBER 16-17, 2015
CAMDEN ON THE LAKE RESORT & SPA
LAKE OZARK, MO

A limited number of hotel rooms are available at the reserved rate. Be sure to inform the hotel you are attending the MDHA Annual Session to obtain the discounted room rate.

Our room block code is “MDHA1015”. To receive this room rate, your reservations MUST be made by September 16th, 2015. Hotel reservations can be made by phone at 1.888.365.5620
**COURSE CHOICES & EVENTS**

**From Risk to Results:**
**Periodontal Instrumentation for the advanced Practitioner**
Doreen B. Johnson, RDH, MA.Ed

*Course Description:* This course is based on current scientific literature and will provide the clinician evidence based tools and strategies for comprehensive patient care. The Evidence-based Decision Making (EBDM) process will be discussed with regard to periodontal risk assessment protocols, salivary diagnostics, and progressive treatment planning. Advantages of ultrasonic instrumentation will be examined as demonstrated in the current research for obtaining successful clinical outcomes. *Sponsored by Dentsply.*

*course outline available for print on MDHA website*

After receiving her degrees in Oral Hygiene from the University of Pittsburgh, Bachelor Degree in Education from Edinboro University, and a Masters in Adult Education from National Louis University, she has focused her career on presenting educationally based programs for professionals, faculty, and students both nationally and internationally. When enjoying her home life she continues to learn and laugh with her husband and family by challenging herself to master ballroom dancing techniques, culinary trade secrets, and improving her grand parenting skills, all of which provide both laughing and learning!

---

**From Cradle to the Grave — Oral Pathology through The life span:**
Sherri Lukes, RDH, MS, FAADH

*Friday, October 16th*
8AM-11AM
3 CEU’s

---

**HIGHLIGHTS:**

**Continuing Education Seminars**
Many updates and important information will be presented that is pertinent to you and your changing profession. Several seminars will be offered in an exciting and fun interactive format. Course options are offered Friday and Saturday. Due to limited seating, please only attend the courses chosen during online registration. Available in registration packet will be your tickets to each course and event you signed up for. Tickets will be needed to gain entrance to course and/or events. Don’t delay, sign up today! These fantastic courses will fill up fast!

**CE Certificates & Hand outs**
Speaker handouts will be posted on the MDHA website and will be available for print before annual session. Please print and bring handouts for appropriate course. Handouts will not be available at annual session. *IMPORTANT! CE certificates will only be available through www.mdha.org website. Certificates will be available for print after annual session. An access code will be given at the end of each seminar course. You will need this code to print out certificates.*

**Presidents’ Reception**
“Transforming our future!”

GRAB your dancing shoes and a friend and make plans to have a blast at the Presidents Dinner! MDHA President requests the pleasure of your company at the Presidents’ Reception “Futuristic Ball” Come celebrate our past while looking forward to our future! Dress in your elegant attire – feel free to add an accent “Futuristic” color! Come hear from our President Bobbie Brown as we celebrate the many accomplishments of the past year and “Transform our Future” for the many changes in dental hygiene! Hy-Pac will be hosting a live auction and a student fashion show at this dinner too! Bring your dollars! Plan to catch up with friends, relax and enjoy your night! Dj Jon will be playing till 11:00 pm. So get ready to hit the dance floor with all your hygiene friends!
This course is an overview of oral pathologic conditions affecting children, adults and geriatric clients. It includes both common and uncommon conditions. Many of the images and cases presented are from Ms. Lukes’ own personal collection of lesion images accumulated over 34 years as a dental hygienist and a 28 year teaching career. Etiology, clinical appearance, treatment options and relevance to dental hygiene are included for each lesion/condition. Comparison images for inclusion in the differential diagnosis will also be presented and discussed. This course can serve as an excellent update for seasoned hygienists/dentists or a relevant review for new graduates entering the field.

Upon completion of the sessions participants will be able to:
1. Explain the etiology of various oral pathologic conditions affecting children, adolescent, adult and geriatric clients.
2. Describe the clinical appearance of various oral pathologic conditions.
3. List treatment options for various oral pathologic conditions.
4. Explain the importance of current oral pathology knowledge when conducting intra/extra-oral exams.
5. Compare/contrast lesions that can be considered in a differential diagnosis for each pathologic entity.
6. Describe oral symptoms of various systemic conditions as presented in cases.

Sponsored by DenMat . *course outline available for print on MDHA website

Sherri Lukes, RDH, MS, FAADH has 34 years of experience in dentistry, 28 spent in academia. She recently retired as associate professor from Southern Illinois University dental hygiene program where she taught oral pathology, community oral health, multicultural dental hygiene and advanced periodontics clinic. Her research was concentrated in oral pathology, migrant farm worker oral health, and issues affecting a range of other underserved groups. Passionate about public health issues, Ms. Lukes served as chair of the Public Health/Access to Care Committee and is now President of the Illinois Dental Hygienists’ Association. She is legislative chair for the Southern Illinois Dental Hygienists’ Society and is a Pathology Fellow in the American Academy of Dental Hygiene. An AADH approved speaker, she presents on topics within her areas of expertise at various conferences and continuing education meetings across the country. Community service projects include annual mission trips to central Mexico, where accompanied by SIU dental hygiene students, she provides oral health care in an orphanage and remote villages. She received Community Service, Teacher of the Year, and Research Paper of the Year awards while at SIU, was named an Oral Health Champion by the IFLOSS Coalition and the Illinois Department of Public Health and is a past recipient of the Sunstar/RDH Award of Distinction.

Love It, Don’t Leave It : TEN TIPS TO ENHANCE CAREER SATISFACTION
Carol Jahn, RDH, MS

Do you ever dread going to work, feel burnt out, or daydream about a new career? Is going back to school not feasible? A great deal of our time, effort, and energies are focused on the workplace. Not being happy can flow into other areas and reduce our quality of life. There are some simply strategies that can enhance career satisfaction and make the day and work place more enjoyable.

Course objective: to help dental professionals develop the ‘soft skills’ that can enhance overall workplace career and satisfaction. Patient management and communication skills will be addressed.

Sponsored by WaterPik . *course outline available for print on MDHA website

Carol Jahn has a BS in Dental Hygiene from the University of Iowa and an MS in Continuing Education and Training Management from the University of St. Francis. She has been a dental hygienist since 1982. Carol is the Senior Professional Relations Manager for Water Pik. She has presented over 200 courses in the U.S., Canada, Europe, and Asia. She has published more than 75 papers and contributed to 6 textbooks including the 10th and 11th editions of Clinical Periodontology. Carol has been a lifelong active member of the ADHA; she is a past president of the West Suburban Dental Hygienists’ Society and the Illinois Dental Hygienists’ Association and past treasurer of the ADHA.
Carol writes a blog to complement her courses. You can find it at www.myflossophy.com. She also is the author of our Professional Newsletters, which provide information and special offers to dental professionals.
Practicing Smarter, Not harder, 
Getting to YES with periodontal patients: 
Carol Jahn, RDH, MS

Do you have patients who just don’t seem to get it? Those who would benefit from periodontal therapy but somehow never schedule the treatment or worse, ask for a prophy? The reason patients don’t accept treatment isn’t that they didn’t have the information but rather that the information didn’t speak to their feelings. Both knowledge and positive emotion are key components in motivation. This course will help you reframe your patient conversations for better treatment acceptance. Best practices in initial periodontal therapy and evidence-based standards of care will also be reviewed. Course sponsored by WaterPik.

**Saliva Bowl:**

The famous Student Dental Hygiene event is BACK! With a slight twist, this course will test your hygiene knowledge! Similar to the course “Are you smarter than Esther Wilkins?” presented by ADHA. Answer challenging questions and become confident in your knowledge for the National Board Exam. Winners take home a special prize and of course the title of Saliva Bowl Champs!

**You can Do what with that stuff?**

Understanding the dry mouth dilemma:
Kris Potts, RDH, BS, FAADH

Xylitol, as most dental professionals know, has several ways it can improve dental health. But, most do not know about the other health benefits of xylitol, the natural occurring sugar substitute. This course will provide a refresher on the dental health benefits of xylitol and bring attendees up to speed with xylitol’s many other amazing health benefits. Join us, as we astonishes attendees with this innovative information.

Kris Potts, RDH, BS has been a practicing clinical Dental Hygienist for over 32 years, and is ready to share with you the latest information on xylitol to assist you in taking your patient care to the next level. An active member of the American Dental Hygienists’ Association, a member and accredited Provider with the American Academy of Dental Hygiene and a member of the American Academy for Oral Systemic Health, she recently received Fellowship Status with the American Academy of Dental Hygiene.

Course sponsored by Spry Xylitol. *course outline available for print on MDHA website
This year at General Assembly 1 on Friday October 16th, we will be welcoming Dr. Nathan Suter DDS and Sandy Holifield, RDH.

They will be speaking on their experiences in FQHCs and the future of teledentistry. They both will be able to answer questions on how these places and way of communicating between doctor and hygienist are transforming our career as dental hygienist. You won’t want to miss out!!!
Sugar and Spice; not so nice adverse effects of substance abuse on oral health.

Edie Shuman-Gibson, RDH, MS, MAADH

Substance abuse, in essence, “hijacks the brain” leading the abuser down a harmful path of oral health and whole body destruction. Published evidence on oral complications related to substance abuse emphasizes that oral health care at various levels including education, prevention, and treatment should be integrated into general care services for addicts. As dental hygienists, we are ideal “first responders” to help identify and address treatment options for the substance abusing patient, including caries protection and remineralization. This engaging program will give you the tools and information to effectively recognize the oral signs and symptoms of illicit drug abuse.

Course sponsored by CloSYS, Solution Reach, Water Pik, Crown Seating, American Eagle and Voco.

Edie is a charismatic, knowledge-wealthy trainer with nearly 3 decades in dentistry, 20 exclusively in implants, and a mission and passion to affect CHANGE! She incorporates real world experiences and humor into all her programs, making difficult subjects fun, empowering, and thought provoking for the entire TEAM! She is a Registered Psychotherapist in CO and a 2013 Sunstar RDH Award of Distinction recipient. Edie owned an independent dental hygiene practice, called About Face, until spinal surgery ended her full-time clinical career & changed the course of her life.

As the Founder and CEO of IHS Empowerment Group, Edie offers life-changing seminars designed to empower participants to “get unstuck from their stuckness.” She is a Clinical Trainer/Advisor for The Implant Consortium, a Certified Speaker for the Straumann Speaker Consortium, and a Corporate Trainer for Balancing Life’s Issues, Inc. Edie is also pursuing her PhD in Christian Counseling and studying to be a Licensed Alcohol and Drug Counselor.

Edie is the former Executive Director, Certified Educator and founding Fellow of the Association of Dental Implant Auxiliaries (ADIA). She served on the Editorial Review Board for the Journal of Practical Hygiene and currently serves on the Governing Council for the American Academy of Dental Hygiene (AADH). Edie is a Thought Leader and Key Opinion Leader for several prestigious dental companies and is a contributing author to the bestselling book, Overcoming Mediocrity.

Periodontal Instrumentation: How Not to Overwork Your Hands

Cynthia Biron Leiseca, RDH, EMT, MA

This course is based on the research presented in the article, “Periodontal Instrumentation: How Not to Overwork Your Hands” published in the May 2014 Issue of RDH Magazine. The course presenter, Cynthia Biron Leiseca, is the author of the article and she will present sound ergonomic techniques for effectively accessing and removing deep calculus deposits using facilitated fulcums and strategic leverage. The course has helped hundreds of dental hygienists work smarter and more effectively while utilizing the best ergonomics, and providing patient centered care to periodontal patients.

Course sponsored by DH Methods of Education, Inc.
Cynthia Biron Leiseca:
Cynthia was Chair of the Tallahassee Community College DH Programs for 17 years and full time professor at New Hampshire Technical Institute (NHTI), and The University of Texas Health Science Center at San Antonio, TX (UTHSCA). She has taught CE courses throughout the U.S., Europe, and Australia. She has an A.S. Degree in Dental Hygiene from NHTI, B.A. degree in Medical Technology from Notre Dame College NH, Emergency Medical Technician Certification from UTHSCA, and an M.A. in Adult Higher Education from UTSA. She is contributing author to the textbooks, “Fundamentals of Periodontal Instrumentation & Advanced Root Instrumentation”, & “Patient Assessment Tutorials” by Jill S. Nield-Gehrig, “Clinical Practice of the Dental Hygienist” by E. Wilkins, and co-author of “Dental Office Medical Emergencies” with T. Meiller, et al. She has served as a columnist for RDH Magazine, produced three videos: “Precision in Periodontal Instrumentation” 1st & 2nd editions, and “A Focus on Fulcrums”. Her inventions include: PortaSim Stand, The Sharpening Horse, and the computerized grading system, “TalEval”. She is President of DH Methods of Education, Inc., known for providing workshops on accreditation, teaching methodology and periodontal instrumentation throughout the U.S.

Demystifying Peri-Implant Maintenance: An Evidence-Based Approach

Edie Shuman-Gibson, RDH, MS, MAADH

Peri-implant complications, just like periodontal complications, may appear similar during visual examination. How do you decide which technology (Plastic? Titanium? Ultrasonic?) is the best choice for treating your implant clients? It is critical to know how to differentiate between and determine the underlying cause of the complication in order to properly treat the disease. Knowing the “why” of the problem is paramount for treatment success and patient engagement!

A comprehensive understanding of signs, symptoms, and etiology of peri-implant complications, along with the most current, evidence-based maintenance protocols, including revolutionary periodontal regenerative options, will be discussed in this program.

Course sponsored by CloSYS, Solution Reach, Water Pik, Crown Seating, American Eagle and Voco.

Saturday October 17th
1:30 pm – 4:30 pm
3 CEUS
MDHA Aprons
for sale!
ONLY $10!!

Sponsorship Acknowledgements:

Want to Win a Free Hotel Night for the conference?!
Refer first-time attendees to this year’s Annual Session!!
The person that recommends this annual session to the most attendees.... will win!!
There will be a location when registering on line where you can give name of the person who recommended to you to come!!
Spread the word!
Registration ends Tuesday, October 7th, 2015
Make your Hotel Reservations by September 16th, 2015 for discount!

<table>
<thead>
<tr>
<th>ADHA Member Early Bird</th>
<th>before Sept.18th</th>
<th>$209</th>
</tr>
</thead>
<tbody>
<tr>
<td>ADHA Member</td>
<td>after Sept.18th</td>
<td>$239</td>
</tr>
<tr>
<td>ADHA Potential Member Early Bird</td>
<td>before Sept.18th</td>
<td>$289</td>
</tr>
<tr>
<td>ADHA Potential Member</td>
<td>after Sept.18th</td>
<td>$319</td>
</tr>
<tr>
<td>New Graduates (2015)</td>
<td>before Sept.18th</td>
<td>$189</td>
</tr>
<tr>
<td>Student Fee (Student Registration at door $199.00 (CHECK ONLY) and “meals not guaranteed”)</td>
<td></td>
<td>$109</td>
</tr>
<tr>
<td>Additional Adult Guests for Presidents’ Reception</td>
<td></td>
<td>$45 Ea.</td>
</tr>
</tbody>
</table>

Registration will be at the door (non-student) “meals not guaranteed” (CHECK ONLY) - $399

Not an ADHA Member? MDHA members receive numerous benefits including a significant registration discount for annual session. You can find membership information on the MDHA website at www.mdha.org.

Schedule at a Glance

EVENTS FOR FRIDAY: October 17th - Pick up registration packets at 7 am - Main Lobby / Early Pickup Thursday at 7pm

<table>
<thead>
<tr>
<th>Event</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Clinician/Educator Student Courses due to limited class size please attend only courses selected at time of registration</td>
<td>8:00 AM</td>
</tr>
<tr>
<td>Doreen Johnson - “From Risk to Results: Periodontal Instrumentation for the advanced Practitioner”</td>
<td>8:00 AM</td>
</tr>
<tr>
<td>Sherri Lukes - “From Cradle to the Grave - Oral Pathology through The life span”</td>
<td>8:00 AM</td>
</tr>
<tr>
<td>Carol Jahn - “Love It, Don’t Leave It : Ten tips to enhance career satisfaction”</td>
<td>8:00 AM</td>
</tr>
<tr>
<td>General Assembly Meeting #1 Door Prizes! everyone’s welcome to attend</td>
<td>11:15 AM</td>
</tr>
<tr>
<td>Lunch Buffet</td>
<td>Noon</td>
</tr>
<tr>
<td>Clinician Course Due to limited class size please attend only courses selected at time of registration</td>
<td>1:00 PM</td>
</tr>
<tr>
<td>Kris Potts - “You can what with that stuff? And Understanding dry mouth dilemma”</td>
<td>1:00 PM</td>
</tr>
<tr>
<td>Carol Jahn - “Practicing Smarter, Not harder, Getting to YES with perio patients”</td>
<td>1:00 PM</td>
</tr>
<tr>
<td>Student Course</td>
<td>2:30 PM</td>
</tr>
<tr>
<td>Saliva Bowl</td>
<td>2:30 PM</td>
</tr>
<tr>
<td>Educator Course Round Table Discussion</td>
<td>4:00 PM</td>
</tr>
<tr>
<td>“Transform your future through dental products” Exhibitor Hall -Lake Side Room</td>
<td>10 AM</td>
</tr>
<tr>
<td>STUDENT HOUR - 1pm- 2:30pm</td>
<td></td>
</tr>
<tr>
<td>Presidents’ Dinner/entertainment Transform our future ball - Cocktail Attire</td>
<td>6:00 PM</td>
</tr>
<tr>
<td>Hy-Pac LIVE AUCTION !</td>
<td>7:00 PM</td>
</tr>
</tbody>
</table>

EVENTS FOR SATURDAY, October 18th

<table>
<thead>
<tr>
<th>Event</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Breakfast Buffet</td>
<td>7:30 AM</td>
</tr>
<tr>
<td>Clinician/Educator/Student Course Edie Gibson - Sugar and Spice ; not so nice adverse effects of substance abuse on oral health.</td>
<td>8:30 AM</td>
</tr>
<tr>
<td>Cynthia Biron - “How to not overwork your hands”</td>
<td></td>
</tr>
<tr>
<td>General Assembly Meeting #2 Door Prizes! everyone’s welcome to attend</td>
<td>11:30</td>
</tr>
<tr>
<td>Lunch Drawing for free 2015 MDHA annual session registration</td>
<td>12:15 PM</td>
</tr>
<tr>
<td>Clinician/Educator/Student Course Edie Gibson - Demystifying peri-Implant Maintenance</td>
<td>1:30 PM</td>
</tr>
</tbody>
</table>

Refund Policy: Due to extensive planning that is necessary for this program, a tuition refund, less a $50.00 fee, will be issued for cancellations requests received by October 1, 2014. The cancellation fee is necessary to cover non-refundable expenses for materials and faculty.
Student Fashion Show
Join us for fun after the President’s Dinner. Students compete with original fashion designed exclusively with dental supplies. Use your dollars to vote for your favorite design. Music, dancing, live auction, and cash bar available.

Purse Auction
Back by popular demand! Bid on purses filled with surprise gifts. Ongoing silent auction located in the exhibit hall.

YOUR DONATIONS ARE WELCOME!
dbomkamp@sbcglobal.net
Paid for by Missouri Hy-PAC, Dawn Jenkins, Treasurer